

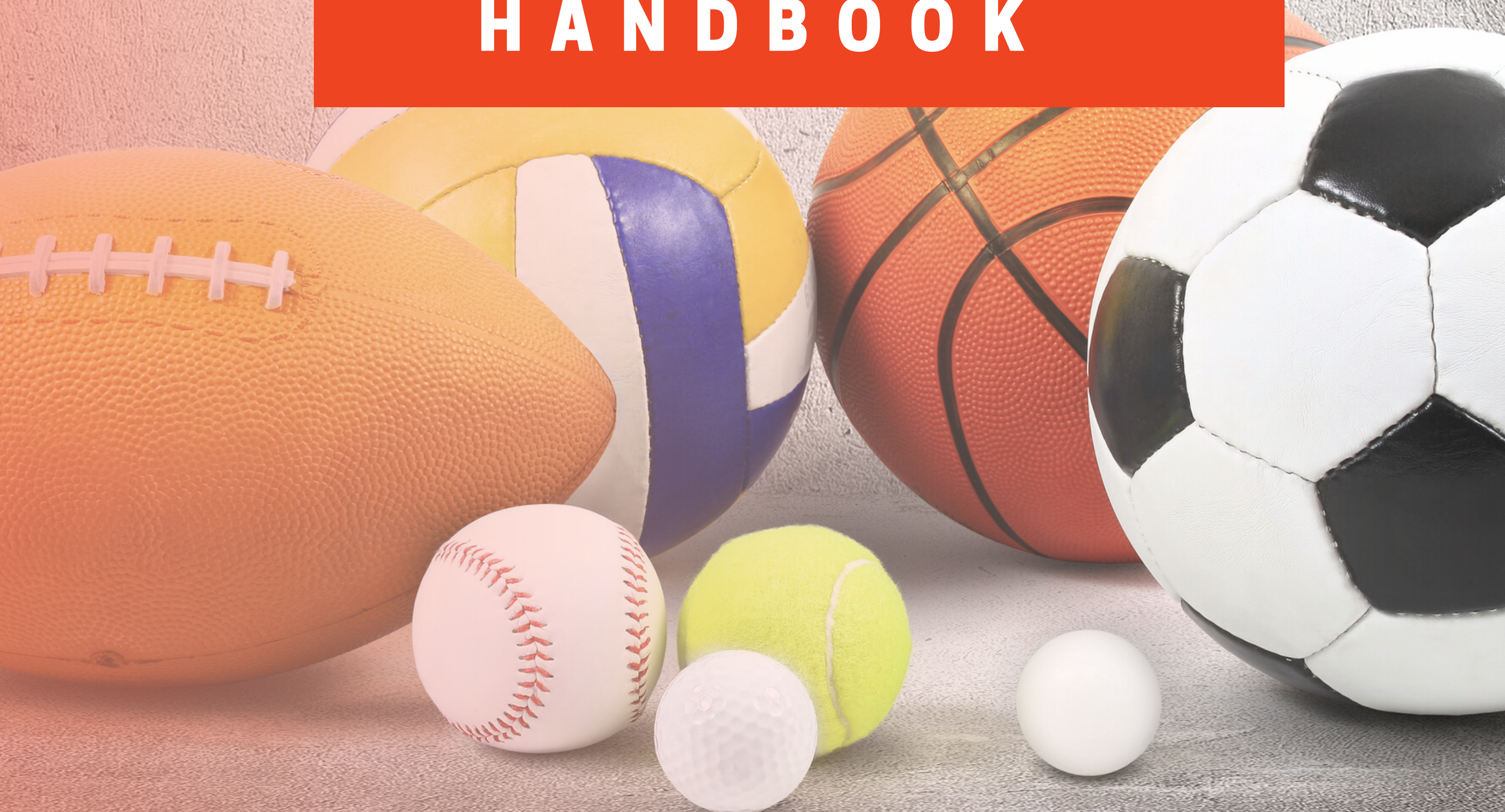


The challenge  
never ends!

**SAMSA**

**SOUTH  
AFRICAN  
MASTERS  
SPORTS  
ASSOCIATION  
(SAMSA)**

**HANDBOOK**







# ACKNOWLEDGEMENT

Department of Sports and Recreation South-Africa for financial support and co-operation in the promotion of Masters sport.

## CONTENTS

Page 3:	What is a “Master” Athlete?
Page 4:	South African Masters Sports Association (SAMSA)
Page 5:	SAMSA's Purpose and Objectives
Page 6:	SAMSA's Structure
Page 7:	International World Masters Games Association (IMGA)
Page 8 :	The Fundamental Ideas of the World Masters Games
Page 9:	World Masters Games
Page 10:	SA Biennial Masters Games
Page 11:	SA Masters Games:
Page 12:	SA Masters Sports Codes
Page 13:	SAMSA’s Apparel

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# WHO IS A “MASTER” ATHLETE

Expressions such as “senior” or “veteran” are frequently applied to mature athletes. In the context of the World Masters Games, the term “Master” is applied to male and female competitors who comply with the International Sports Federations’ rules regarding the minimum age in their respective sport. Most Masters’ sports are arranged in age categories which increase by five or ten-year intervals. As a guideline, the minimum age is 30 years. However, this depends on each sport’s international rulings and a decision by the host city organising committee and the IMGA Board of Governors. Although no prior qualification is required in order to participate, many masters are extremely competent and competitive. Several are former World Champions or Olympians, others have had talents and motivation to make it to the top, but for various reasons, they never had the opportunity. Some compete solely to defy their age or to add a competitive element to the desire of staying in good shape. All competitions are run by the respective international sports federation, in accordance with the technical specifications of the different federations.





# **SOUTH AFRICAN MASTERS SPORTS ASSOCIATION (SAMSA)**

The Association was properly constituted as the Governing Body of Masters /Veterans sport in South Africa in 1993. It was founded on 6 February 1993 in Pretoria by Rita Oosthuizen at the inaugural meeting, attended by 18 founder member sports codes. During the past decade 60 individual sports codes have qualified as members of the Association through to the first participation in SAMSA's multi-sport event- the biennial South African Masters Games since 1997.

## **SAMSA IS:**

- A member of the International Masters Games Association (IMGA) after its first participation in the 4th World Masters Games in Brisbane, Australia in 1994.
- An Associate Member of the National Olympic Council of South Africa (NOCSA).
- A member of the South African Sports Commission (SASC).
- Recognised as a sport association by the Department of Sport and Recreation South Africa (SRSA).





# **SAMSA'S PURPOSE & OBJECTIVES**

- To promote continued participation in sport and recreation among all mature sportsmen and women, namely the Masters / Veterans in the country.
- To bring together the Masters athletes from every existing and active sports code at a biennial multi-sport festive event to participate in one or
- more competitions, and to share the camaraderie and sportsmanship with fellow masters.
- To further participation in national and international events through mutual contact.
- To honour and comply with the principles and rules laid down by the IMGA and the International Sports Associations regarding Masters Sport.
- SAMSA honours and acknowledges the autonomy of each individual sports code in the application of its own code and rules for own competitions / championships.
- SAMSA distributes all codes' information and promotes codes' events in its publication "The Masters Voice" as submitted by members.





# STRUCTURE OF THE SA MASTERS SPORTS ASSOCIATION

The Association is governed by its Council.

Composition of the Council

SAMSA'S PRESENT EXCO / MANAGEMENT COMMITTEE

- The President -Petro Saunders
- The Vice President - Yogas Reddy
- The Secretary - Marisa Cauto
- The Treasurer - Hermien Peens
- Honorary Vice-Presidents and additional members as co-opted.
- Two representatives from all paid-up member sports codes.
- Each member association is entitled to two (2) votes
- All elected members shall have one vote. The President shall have a deliberate as well as a casting vote.
- Members on the EXCO are elected during the Biennial General Meeting, held during the first quarter of the year.

## **Full Membership**

Is open to all National Masters Sports Associations, sub-unions or master sections of National Sports Associations. The annual membership fee is R 500. 00 per sports code, per year.

Individual Contact Membership (ICM) Is open to individual masters / clubs for better contact and communication purposes, with no voting power. Registration fee is R 200. 00 per person per year.

Closing date for payments of membership / registration fees is 31 March each year.





# INTERNATIONAL MASTERS GAMES ASSOCIATION (IMGA)

The International World Masters Games Association (IMGA) was founded on the 25th October 1995 in Seoul, Korea. The Association's Board of Governors takes responsibility for running the Association and World Masters Games, a quadrennial event with exceptions. IMGA is responsible for selecting the host cities for the World Masters Games. The Games represent a festival of Masters multi-sport which is potentially the largest international multi-sport competition in the world. The members of IMGA are the International Sport Federations, which have their sports on the programme of the World Masters Games, with a current membership of 100 countries.

## Board of Governors

- The Board consists of ten members elected for four years.
- The President is Kai Holm from Denmark; while the day-to-day business is handled by its General Secretary,
- Børge Kaas-Andersen from Denmark.
- There are eight additional governors elected to the board.

IMGA is an associate member of the General Assembly of International Sporting Associations (GAISF/AGFIS) and holds the IMGA Annual General Assembly (AGA) during the annual GAISF Congress period. The IMGA is a non-profit corporation organised under the laws of Switzerland and the headquarters are located in the Olympic City, Lausanne, Switzerland. In periods between successive AGAs, an International Board of Governors takes responsibility for running the Association. Official Address of the IMGA IMGA has its legal seat in Lausanne, Switzerland, but its administrating office is in the House of Sports in Copenhagen.





# THE FUNDAMENTAL IDEAS OF THE WORLD MASTERS GAMES

- A multi-national and multi-sports event for mature sportsmen and women.
- Open to all competitors - past champions, people who have never competed at championship level, or just sportsmen and women in general.
- The only criterion for participation is the minimum age requirement of an athlete as determined by the individual sports code. Most sports are arranged in age categories. As a guideline, the minimum age is 30 years. However, this depends on each sport's international rulings and a decision by the host city organising committee and the IMGA Board of Governors.
- There are no national teams, groups or official national representatives.
- All participants represent themselves only and bear all expenses on an individual basis.
- One or several teams from individual countries may participate.
- Participants from several different countries may unite to form multi-national teams.
- All participants shall compete in the outfit and the clothes normally used in their particular sport, and shall not necessarily appear in official national team clothing.
- Participation does not require any qualification competitions or selection criteria.
- Athletes shall abide by the competition rules of the international sports federations.

## **The Games are created with a view to:**

- Promoting the philosophy of "SPORT FOR LIFE" throughout life.
- Encouraging mature individuals from all over the world to participate in sport regardless of age, sex, race, religion or sports status.
- Setting an example by the participants to inspire the youth of the world to acknowledge that competitive sport may continue throughout life.
- Bringing together mature athletes in different cities around the world to practise their sport and to share cultural and tourist experiences



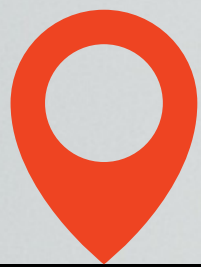


# WORLD MASTERS GAMES

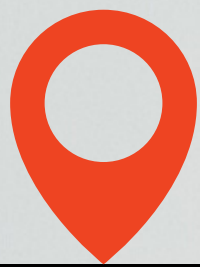
**2021**



**2017**



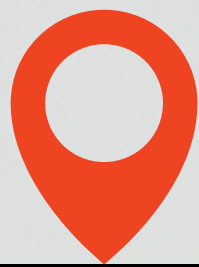
**2013**



**2009**



**2005**

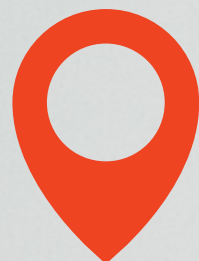


**NEW ZEALAND INDIA AUSTRALIA CANADA**

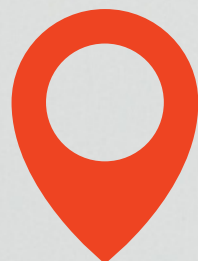
**1985**



**1989**



**1994**



**1998**



**2002**



**CANADA DENMARK AUSTRALIA USA AUSTRALIA**

## OTHER INTERNATIONAL MASTERS EVENTS

- Pan-Pacific Masters Games – 6 to 14 November 2004, Gold Coast, Queensland, Australia. Next Games in 2006
  - Pan-Pacific Masters Games – 2005 and 2007 in California, USA
  - World Golden Oldies Biennial Festivals – cricket, hockey, netball, rugby and soccer at various venues all over the world
- Information available from SAMSA Office.





# THE BIENNIAL SOUTH AFRICAN MASTERS GAMES

**SAMSA'S MAJOR EVENT FOR NATIONAL AND INTERNATIONAL MASTERS PARTICIPATION.**

## **THE GAMES IS:**

- Organised by SAMSA in conjunction with the host city and possible sponsor / s.
- A multi-sport festive event, based on the fundamental ideas of the International Masters Games Association.
- Open to any existing / active masters sports code and individual master athletes.
- The only criterion for participation is the qualifying minimum age of the individual master athlete as determined by the organisers of the Games in conjunction with the national masters sports bodies.
- For multi-sport events, the minimum ages for participation are often lower than the minimum ages for individual codes' competitions and championships, in order to promote continued participation for up and coming future masters.
- Age qualification for participation shall be determined as at 31 December.
- All participants shall present an Identity Document or Passport if requested.
- All participants to adhere to an indemnity policy.
- Drug testing may be conducted at competitions.
- Participants to pay a Games registration fee and shall bear all expenses for transportation and accommodation.
- SAMSA will assist teams needing players or players needing teams.





# SA MASTERS GAMES:

## 2008 - TO DATE



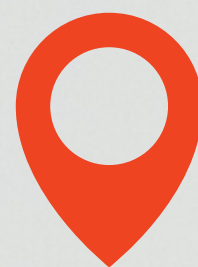
All the different sporting codes host their own Masters games.

**2003**



PPretoria -  
hosted by City of  
Tshwane with  
Pick 'n Pay as an  
event sponsor.

**2006**



PPort Elizabeth -  
hosted and  
sponsored by  
Nelson Mandela  
Bay Metropolitan.

**1997**



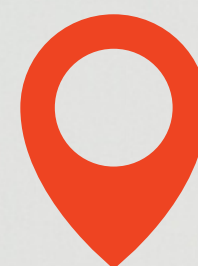
Johannesburg -  
hosted and  
financially  
supported by the  
Greater  
Johannesburg  
Metropolitan  
Council.

**1998**



Port Elizabeth -  
hosted and  
sponsored by the  
Port Elizabeth  
City Council.

**2001**



Pretoria - hosted  
by Tshwane  
Metropolitan  
Municipality with  
Pick 'n Pay as an  
event sponsor.





# SPORT CODES WHO HAVE PARTICIPATED IN THE SOUTH AFRICAN MASTERS GAMES

\* = Codes who participated in all four Games since 1997  
+ = Founder member codes in 1993

- Minimum ages applicable only to SAMSA multi-sport events in order to promote continued participation among young future Masters athletes.
- The SA Masters Games Information Brochure is available and distributed countrywide, one year prior to the SA Games.

MINIMIUM AGE			MINIMIUM AGE		
	M	F		M	F
Angling	45		Netball		30
Archery	30		Orienteering	35	
Athletics	30		Penthathon	35	30
Badminton	30		Polocrosse	40	35
Baseball	35		Pool	40	
Basketball	35	30	Powerlifting	35	
Biathon	27		Roller Hockey	35	
Bridge	40		Rowing	27	
Bowls	40		Rugby	35	
Canoeing	30		Sailing	30	
Croquet	40		Shooting	35	
Chess	35		Snooker	45	
Cricket -Indoor	35		Soccer	35	
Cycle car	30		Softball	30	
Cycling	30		Squash	35	30
Darts	50		Surfing	30	
Diving	25		Swimming	25	
Fencing	35	30	Table Tennis	40	30
Gymkhana	50		Tenniquoits	36	
Golf -Ladies		35	Ten Pin Bowling	35	35
Hockey	35		Tennis	35	
Judo	30		Tent Pegging	50	
Jukskei	30	30	Triathlon	30	
Korfball International	35	35	Tug of War	30	
Korfball SATKA			Underwater Hockey	30	
Life Saving	30		Volleyball	30	
Marathon	25	30	Water Fitness	25	25
Masters Fun Walk	35		Water Polo	25	25
Modern Penthlon	35	30	Waterskiing	30	
Mountain Biking	35	30	Weightlifting	35	
			Wrestling	35	





## **SAMSA'S APPAREL**



\* All garment colours must be green , gold, and white with SAMSA logo and South Africa Masters at the back.

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